



Child in Mind attunement child

I put into words what the child expresses on a soul level

A Child in Mind attunement does not automatically resolve all the 'problems' that may be present. I open myself to the child's energy and try to gain clear insight into where the difficulties lie. During our connection, I look for solutions that can be implemented directly together with the child. I guide any unwanted entities towards the light, work (when needed) with a touch of regression, and use every possible tool to help us reach the place we are aiming for.

Be open, work with it, and give it time

By requesting a *Child in Mind attunement*, you agree that you are open to exploring your child's questions, challenges, and possible complexities. It might be that you've already been trying many things for quite some time, and the attunement comes as a breath of fresh air ~ a sense of relief; *finally, something is resolved!* However, often it calls for cooperation between both parents, effort, new planning, a different approach, more communication with your child, or another form of connection. Alongside their own explanation and story, your child will also share practical ideas that feel right for them. It's important to engage with those insights after the attunement. Some parents also choose to request an attunement for themselves afterwards. This helps them gain clarity about their own patterns, allowing them to support their child even more consciously and effectively. And above all ~ give it time. Change does not always happen overnight. It often requires patience and steady attention from both parents and children. Sometimes you may see an immediate shift, which then seems to fade again. By continuing to give it your awareness, it can take form once more. Dare to invest your time and attention ~ it truly makes a difference.

There are many examples of attunements that have had a positive outcome ~ babies who no longer cried inconsolably, children who felt happy and comfortable again, became cheerful and open, slept through the night, became potty-trained, or overcame their fears. However, I cannot guarantee such results for every attunement. Much depends on the points of attention mentioned above and on the willingness to stay open, patient, and engaged throughout the process.

Every attunement is unique

Each child decides entirely for themselves how they wish to communicate during the *Child in Mind attunement*. Sometimes only written words come through; other times the child shows me images, which I then translate into text. At other times, I may be in a full conversation with the child, with questions and answers flowing back and forth. With every attunement, I let the child choose the way they wish to communicate.

During an *attunement*, your child may speak for themselves, the spirits around your child may share messages, or I may receive clear words and images that I translate into writing.

Throughout the attunement, I can also ask questions. The being (child or spirit) then shares what can and may be shared at that moment.

The child decides what deserves attention

Parents are free to ask any questions they may have. I include them in the attunement, but it is up to the child whether or not those questions will be answered. Sometimes the child has other priorities ~ topics that come first and therefore receive attention before anything else. Once those have received the care and energy they need, the next subject may naturally come forward ~ even if that topic was at the top of your list as a parent.

Respectful

Please be aware that through the Listening Child Method I connect with a deeper layer of your child ~ a level that your child might not easily have been able or dared to express verbally.

As parents, it's important to approach this with respect toward your child.

My role is to translate and convey what your child is experiencing on that deeper level, so that you can understand it and continue to work with it in daily life.

A step back

It may happen that after an attunement, your child immediately shows positive behavior that feels good and balanced, but then experiences a setback after a few days or weeks.

My advice in that case is to revisit the attunement calmly and reflect on what your child asked for at that time. Notice which changes may still need some extra attention, and consider what actions you as parents can take to continue supporting your child in this process.

A stepping stone to further support

After an attunement, you may find that you can or wish to make further arrangements with another practice for additional support, focusing on the points your child highlighted during the *attunement*. In this way, the attunement can serve as a targeted step toward further treatments. You may choose to pursue either conventional or alternative care. In some cases, the issues may already be resolved, the attunement may have provided clarity, and you may feel equipped with enough tools to move forward without further steps. Every child and every attunement is unique, so the next steps will differ for each situation.

Please, feel free to leave a message if you have any questions.

You can also find experiences from other attunements on the website.: www.sanaroots.info

KInd Regards,

Jacqueline Kleibeuker

Child in Mind practitioner